

# The Bromley Buzz

## Times to Know

### Dining Hall

#### Monday thru Thursday:

Hot Breakfast: 7 AM – 9 AM

Continental: 9 AM – 10 AM

Lunch: 11 AM – 2:30 PM

Dinner: 4:30 PM – 7:00 PM

#### Friday:

Dinner: 4:30 PM – 6:15 PM

#### Saturday and Sunday

Brunch: 10:30 AM – 2 PM

Dinner: 4:30 PM – 6 PM

### Mailroom:

Daily: 1 PM – 3 PM

5:30 PM – 7:30 PM

### Study Hours:

#### Sunday thru Thursday:

8 PM – 1 AM

### Bromley Fitness Zone

and

### Bromley Beach Club:

#### Daily:

6 AM – Midnight

#### Front Door:

Locks daily at Midnight

### Computer Lab &

### Laundry Room:

Open 24 hours

### Quiet Hours:

#### Sunday thru Thursday:

10:00 pm – 10:00 am

#### Saturday and Sunday:

1:00 am – 10:00 am

## Study Hours/Finals Snacks

Finals are almost upon us (yikes)! Bromley wants to help you be successful. Study hours will be extended from 8PM-2AM, starting Thursday, May 6. Additionally, we will have study hours open on Friday, May 7. Study snacks will be provided at the front desk from December May 7-13. Also, please remember that we have 24 hour quiet hours from May 6-14.

## In this Edition

- Move-Out Information
- Study Tips
- Special Events
- Study Hours/Finals Snacks
- Quiet Hours
- New Movies

## Study Tips

- 1) **Manage your time!** Don't wait until the last minute and try to cram it all in, it doesn't work! Spread out your studying out and study for smaller chunks of time.
- 2) **Prioritize.** You have limited time to study and will have to choose what to spend the most time with.
- 3) **Schedule in study breaks.** Don't plan to study non-stop for the next five days. You'll go insane, and you'll be too tired to do well on the exams. When you write your schedule, include short study breaks to help you recharge. You'll feel so much better and will be able to concentrate so much more.
- 4) **Schedule in sleep.** Some people can function well on three hours of sleep a night. Most cannot. You'll do much better during exams if your mental state is good, and sleep is essential for this. Also, sleep helps you process and store everything you've been studying.
- 5) **Form effective study groups.** Talk through what you've learned and clarify any questions.
- 6) **Keep things in perspective.** What's the worst thing that can happen if you don't do well on this test? Excessive stress will make you crazy and hurt your performance on tests, so as much as you can, relax. And if you're having serious problems with anxiety during final exams, talk to your RA or stop by the Counseling Center for advice.





**SILENCE**  
Silence is golden. Duct tape is silver.

## Quiet Hours

24-Hour Quiet Hours will begin on Wednesday, May 5 at 10pm. Quiet hours will continue around the clock for the remainder of the semester. This means music and TVs should be played at a low volume, voices should be quiet, and no noise should be able to be heard outside your room. This policy is so that people preparing for finals may study in a quiet, peaceful environment. Give them your respect and study hard!

## Important Move-Out Information

Bromley Hall will close for the year on Friday, May 14th at 8PM. However, individuals must move out within 24 hours of their last exam. If you are taking the 7-10PM exam on Friday the 14th, you must bring a copy of the course syllabus, which states the time of the exam as well as your name, to the Resident Director's mailbox at the front desk in order to stay Friday night. If you are approved to stay Friday night, you must be moved out of the building by noon on Saturday the 15th. If you don't have a final from 7-10 that night, you may not stay under any circumstance. Talk to your RA if you have any questions regarding our building policies during finals week.

### When leaving:

- Empty your refrigerator
- Take all belongings with you
- Close windows and turn off air
- Turn your keys, laundry card, and ID in at the front desk
- Speak with your RA about checking out



## Special Events

On Thursday, May 6, from 4:30-7:00pm Bromley will host a Hawaiian Luau in the lobby. We will have an assortment of kabobs, side dishes, and great desserts. We will also have sno-cones and mocktails for your enjoyment. Come down to the lobby for a great time!

## New Movies

Down time during finals week? Relax and check out some of Bromley's new movies. New movies include Brothers, Avatar, New Moon, Sherlock Holmes, and Law Abiding Citizen. Bromley has over 200 movies for your enjoyment. Call or stop by the front desk to request a movie. Turn on your TV to channel 2, sit back, and enjoy!

